Good News For Homemakers

All about fabric softeners

By SHIRLEY W. WALTON
Extension Agent

Fabric Softeners

During the recent weeks, we have had several questions regarding the use of fabric softeners in laundry. The use of a fabric softener for washable fabrics offers many benefits. The softener adds softness and fluffiness to washables. It, also, decreases static cling, particularly of manmade fibers. It makes fabrics feel smoother and imparts a pleasing fragrance, reduces wrinkling and makes ironing much easier.

The most common active ingredients in these products are based on long chain fatty type molecules called quaternary ammonium compounds, which are cationic in nature. The molecules usually contain at least one hydrophobic (water-hating) group, such as a long hydrocarbon chain and a positively charged nitrogen atom which is attracted to the negatively charged fabric surface. A loose ionic bonding results and softener compounds are absorbed onto the fabric surfaces.

These are various types of fabric softeners designed for addition to rinse, wash or drying cycles. More recently fabric softener ingredients have been included in some laundry detergents:

Rinse-Added Fabric Softeners - These liquid products must be used in the final rinse of the washer cycle to avoid any adverse interactions with detergent ingredients. They are available in concentrated or diluted forms. The concentrated type has a recommended usage of one to three ounces per wash, depending on the size of the load. The diluted products call for ¼ to ½ cup per wash.

All rinse-added fabric softeners should be added directly to the rinse water. Avoid pouring fabric softener directly on fabrics as staining can occur. When using an automatic dispenser, always dilute the fabric softener with at least an equal amount of water or follow the washer manufacturer's instructions. This will avoid clogging the fabric softener dispenser. No other products such as bluing or water softener should be used in the rinse water with the fabric softener. Other laundry aids may interfere or react with the softener.

Wash-Added Fabric Softeners - These liquid products were designed to be used in the wash portion of the cycle, along with the detergent or soap. To help prevent potential fabric staining, they should be added to the wash water before the detergent or soap and clothes. Wash-added fabric softeners may also be used in the final rinse.

Dryer-Added Fabric Softeners - Dryer-added fabric softeners are designed to be added to a load of clothes in the dryer. These softeners usually contain essentially the same types of cationic compounds as the washer-added liquids, with minor differences to insure compatibility with clothes dryer. For example, the cationics are usually alkyl sulfate salts instead of chloride salts. They may also contain long chain, fatty based hydrocarbon nonionic molecules. These nonionics have no positive charge, but are effective in the clothes dryer where deposition depends mostly on physical contact. There are two types of dryer-added fabric softeners -the sheet type and the packet type.

With the sheet type, fabric softener ingredients are carried on non-woven sheets of synthetic fabric or a polyurethane foam. As the clothes tumble with the sheet type fabric softener, the heat of the dryer helps to transfer the softener to the clothes. The softener is also transferred by the mechanical tumbling action of the fabric against softener and a fabric against fabric. (This type is one that we have had several calls in our office about concerning staining clothes. It appears that the clothes have had contact with some type of fat, and they have had when this has been used. The way to handle a problem like this if you are putting one, two or three good blouses through a dryer is to add several bath towels to the dryer and this will help keep the fabric softener sheets from making excessive direct contact with a piece of fabric.)

The other type is the packet-type fabric softener which is attached to a fin of the dryer drum. The ingredients melt and flow out of the packet during the tumbling and with the aid of the heat of the dryer mix with the clothes. Be sure to check and follow package directions carefully for all types of fabric softeners. Good results depend on the correct amount of the product used, as well as the addition at the right time.

A word of caution is this: If a little bit does a good job, more will not do a better job. Many people think that they can add more softener and the clothes will become softer. This may cause staining and other problems. Be sure to follow the package directions on any kind of laundry aid.

If the fabric softener is spilled directly on a fabric, staining probably will occur. Simply rub the spot with bar soap and launder. The same treatment can be applied to a stain caused by the dryer-added type fabric softeners. This situation may be caused by drying too small a load. Remember to add some bath towels to help provide for proper tumbling. Other causes may be due to an improper dryer cycle selection or the dryer may be too hot. The appropriate cycle should be used. Again, check the use care manual for your dryer to make sure you handle your clothing properly.

If you have a homemaking question or problem, you may call 352-8244 or you may write P.O. Box 498, Appomattox, VA. 24522. It is always a pleasure to hear from you and to help you.

Have a good week!

RECIPE OF THE WEEK

Asparagus Casserole

3 eggs (hard cooked and sliced)
2 (14 oz.) cans asparagus spears (or asparagus from the garden)
1 can cream of celery soup
1 cup grated cheddar cheese
1 small can diced pimento
½ cup blanched almonds
3 slices bread toasted & cut in cubes

Grease casserole dish. Layer ½ bread cubes, eggs, asparagus, soup, cheese, pimento, almonds and ½ bread cubes. Bake at 375 degrees for 20 minutes.

Thanks to Carolyn Coleman, a 4-H Club Leader in Appomattox County, for sharing this delicious casserole recipe.

Molly Handy

Molly Handy honored

Molly Ruth Handy graduated summa cum laude from Longwood College in Farmville, in commencement exercises held Saturday, May 14.

She received a Bachelor of Science degree in Mathematics and Physics.

While at Longwood, Molly was a member of the following honoraries: Phi Kappa Phi, Pi Mu Epsilon, Lychnos Society, Alpha Lambda Delta, and Chi. She also served as Communication Vice President of the Baptist Student Union. In addition, she was awarded the John R. Clark Prize for mathematics.

Molly is the daughter of Mr. and Mrs. I. C. Handy of Route 4, Appomattox.

Concert scheduled

The Appomattox County High School Concert Band will present their annual spring concert on Sunday, May 22, 1983 at 3 p.m. in the A.C.H.S. auditorium.

The band will be under the direction of Mr. Frank Coffey. Selections of music will include "Rock Encounter," "Epigon IV," "Billy Joel In Concert," and more. Admission is free.

Art Club stays busy

This year the Art Club at the high school has been very active.

The year began with a trip to the kindergarten classes where the club members helped the students make Christmas ornaments for their Christmas trees.

On Valentine's Day a trip was planned to go to the first grade classes, but because of inclement weather the trip was postponed to a later date.

In April the members went to the primary school to visit the anxiously awaiting first grade students. The art club members helped the students make paper bag puppets.

In May the art club went to the primary school for the last time during the school year. This trip was to the second grade classes, where we helped the students make Mother's Day cards and tissue paper flowers.

These activities have been enjoyed by teachers, primary school students and high school students.

Activities haven't stopped here. The art club is planning a trip to Washington, D.C. for May 19, 1983. The group will be touring the museum of American Art, the National Gallery of Art, The East Building and the National Zoo.

Town and Country

Club holds first meeting

The Town and Country Home Demonstration Club held its first meeting April 29 at 1 p.m. in the County Extension Office with six members present and four new members. The new members were Brenda Doss, Verneda Reid, Henrietta Johnson, and Betty Maxwell. A very interesting program on Health-Life Style was given by Mrs. Ocie Mack and Mrs. Walton.

The next meeting will be on May 21 at 10 a.m. in Extension Office. Anyone interested in joining us is welcome regardless of race, color, religion, sex, age, national origin, handicap, or political affiliation.

The program next month will be on food preservation.

Garden Club will meet

The Appomattox Garden Club will hold its annual meeting on Monday, May 23, at the home of Mr. and Mrs. Sam Kerr. The evening will begin with a covered dish supper, followed by a brief business meeting and the installation of new officers. Mrs. Charles T. Moses, Jr., newly elected first vice-president of the Virginia Federation of Garden Clubs, Inc., will be the installing officer. Officers for the years 1983-1985 are: Mrs. Martin Webb, president; Mrs. Clyde Nash, vice president; Mrs. Floyd Williams, secretary; and Mrs. John Fedison, Jr., treasurer.

Club members are reminded that the supper will begin at 6 p.m. Members and their guests should bring their own lawn chairs.

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SPORTS NEWS

Raiders set for tourney

The Raider varsity baseball team ended its regular season under Appomattox Town Ball Park's new lights last Tuesday night with a resounding 23-2 win over William Campbell.

The win put the Raiders' regular-season record at 14-3-1. Appomattox has already claimed a berth in the regional tournament as regular-season winner of the Seminole District championship.

The Raiders scored three runs in the first inning, and two in the second. In the third inning, William Campbell had a rally, scoring all of its two runs. But the powerful Raider batting attack generated nine runs in the Appomattox half of the third. Two inning later, the Raiders added another nine runs, largely through the efforts of the Appomattox substitutes.

Leading hitters included Greg Mayberry, who went three for five, got four RBIs and hit a home run; Gary Ferguson, who went two for three, had two RBIs and hit a home run; Paul Johnson, who went two for three and had an RBI; Kevin Mitchell, who went two for three, hit two doubles and got two RBIs; and Jay Chenault, who went two for two and drove in one run. Keith Mann also had a bases-loaded triple in the fifth inning for the Raiders.

Bennett, Mitchell, and Mayberry pitched two innings each for the Raiders, and Paul Johnson pitched the final inning for Appomattox. Mayberry struck out all six batters he faced.

The Raiders will play Gretna today (Thursday) at 5 p.m. in the first round of the district tournament at Altavista. Liberty plays Altavista in the second game, scheduled for 7:30 p.m. The finals will be played the following night at 7:30 at Altavista.

The regional tournament, which Appomattox has already gained a berth in, will be played May 24 and 27 at Covington.

Sharing a laugh

RAIDER COACH HOWARD CLABOUGH shares a laugh with the senior members of this year's Seminole-District championship team during a practice session this week. The Raiders, who have already gained a berth in the regional tournament by virtue of their first-place regular-season finish in the Seminole District, will enter into district tournament play today (Thursday) at 5 p.m. against Gretna, at the Altavista baseball field. The regional tournament is scheduled for May 24 and 27 at Covington. Seniors shown above are (from left) kneeling - Rodney Bryant and Kevin Ferguson; standing - Greg Mayberry, Alan Edmonds, Kevin Mitchell, Tim Bennett, and Jody Williams. (Photo by Bill Sherrod)

Little League Results

MINOR LEAGUE RESULTS

GAMES	WINNER	SCORE
Yankees-Cardinals	Cardinals	16-4
Cardinals-Angels	Angels	9-4
Yankees-Pirates	Yankees	17-12
Dodgers-Redsox	Redsox	11-10
Redsox -Reds	Redsox	7-3
Reds-Pirates	Reds	11-5
Angels-Dodgers	Angels	19-11

MINOR LEAGUE STANDINGS

American League Teams	W	L	T	National League Teams	W	T	T
Angels	5	1	0	Cardinals	4	1	1
Redsox	3	2	0	Reds	3	1	1
Yankees	2	3	0	Pirates	0	4	0
				Dodgers	0	5	0

MAJOR LEAGUE

GAMES	WINNER	SCORE
Astros-Redsox	Redsox	27-1
Braves-Giants	Braves	16-6
Yankees-Orioles	Yankees	13-9
Yankees-Braves	Yankees	6-5
Giants-Redsox	Redsox	15-5

MAJOR LEAGUE STANDINGS

Team	W	T	T
Redsox	5	0	0
Braves	4	1	0
Yankees	3	2	0
Giants	2	4	0
Astros	1	3	0
Orioles	0	5	0

Loss ends '83 softball season

The Raiderette softball season ended last Tuesday in a 3-1 loss to Brookville. The team's final season record was 9-7, but the Raiderettes did not gain a berth in the district tournament because the team finished in fifth place.

Brookville took a 1-0 lead in the first inning, and scored again in the second and sixth innings. The Raiderettes' lone run came in the second inning, when Sherry Purcell scored. Appomattox could muster only one hit, a single by Kim Hancock, during the game with Brookville. The Raiderettes did manage six stolen bases, including two each by Robin Paulette and Sherry Purcell, and one each by Marsha Cheatham and Virginia Marshall.

Brookville's three runs came on nine hits, including one double. The Lady Bees stole only one base from the Raiderettes.

Lawson, Booker go on to regional tournament

The Raider boys' tennis team lost 6-3 to Brookville in the first round of last week's Seminole District tournament. Freddie Lawson and John Booker won their singles matches, and the doubles team of Lawson and Booker won in doubles competition.

Brookville went on to defeat Liberty 5-4 in the finals of the competition, which was held Friday at Lynchburg College.

In Friday's individual matches, Lawson continued undefeated in the district, winning in straight sets both the semifinals and finals and the district's single competition.

The doubles team of Lawson and Booker also took top honors in that portion of the competition, winning 6-1 and 6-0 against the doubles team from Jefferson Forest, then capturing the finals from Liberty's doubles team by forfeit.

Lawson will represent the Seminole District in the individual singles competition at the Region III tournament, which will be held Friday at Central Virginia Community College in Lynchburg. Lawson is scheduled to begin play at approximately 9 a.m.

In addition, the doubles team of Lawson and Booker will represent the district in the individual doubles competition at the regional event. The doubles matches will also be played on Friday.

The state meet, which is the next step for Lawson and Booker if they remain undefeated, will be held the following week.

Further details were not available at press time.

Raiderettes' season over

The Raiderettes were eliminated in the first round of the Seminole District girls' tennis tournament in a 5-4 loss to Jefferson Forest at Central Virginia Community College last Wednesday.

In the singles portion of the team match, Patty Roach defeated Majorie Gaunther 4-6, 6-3 and 6-1; and Sally Coleman defeated Jodi Faxon 3-6, 6-3 and 6-2. Raiderette Anne Caldwell took Lynn Middleton to three sets, but lost her singles match 3-6, 6-3 and 7-5.

In doubles, the Raiderettes took two of three matches. Roach and Coleman defeated Faxon and Middleton 7-5 and 7-5; and Anne Caldwell and Michelle Ford defeated Marjorie Gaunther and Sherri Thorpe 7-6, 3-6 and 6-4. The match was not decided until the final doubles match, when Glynnis Puzon and Kelly Paulette of Jefferson Forest defeated Laurie Cowan and Renee Wells of Appomattox.

"It was a very close, and very exciting match," commented Raiderette Coach Lucy Harris. Jefferson Forest, which went undefeated through the regular season, was seeded first in the tournament, and Appomattox was seeded fourth.

Patty Roach and Sally Coleman, who were seeded to compete in the individual district competition, forfeited their matches because of the senior trip.

The Raiderettes ended the season with a 6-5 record overall, and a 3-4 district record.

Banquet is May 23

The annual Spring Sports Banquet at Appomattox County High School will be held Monday, May 23 in the ACHS cafeteria, starting at 6:30 p.m.

Members of all spring sports teams will be honored at the banquet, and sports superlative trophies will be awarded then, as well.

Two go on to state

Two members of the Appomattox County High School track team have qualified for the state Group AA track meet, according to track coach, Ray Archer.

Ruby Smith finished sixth in the 400-meter run in last week's Region III track meet, and thus qualified for the upcoming state meet.

In addition, Charles Walker finished third in the 800-meter run and qualified for the state meet.

This is the third year that Smith has qualified for the state meet. It is Walker's first trip to the state meet. Smith and Walker are both seniors at ACHS.

Archer said he is "very pleased with Ruby's and Charles' performance and happy to have athletes from Appomatox County represented at the state meet."

The state meet will be held this Saturday at James Madison University in Harrisonburg.

Archer has had members of his track team represented in the state meet every year since he took over as head coach.

Summer Rec. Program

PLACE: APPOMATTOX COUNTY HIGH SCHOOL

Baseball

Date: June 13th-24th
Time: 9:00 A.M. - 10:30 A.M. T-baseball for ages 6,7, 8
Time: 10:30 A.M.- 12 noon Baseball for ages 9, 10, 11
All fundamentals of baseball will be taught to each group. Coach Howard Clabough will be the instructor.

Basketball

Date: June 27th-July 8th
Time: 9:00 A.M. - 10:30 A.M. Basketball for ages 6, 7, 8
Time: 10:30 A.M. - 12 noon Basketball for ages 9, 10, 11
All fundamentals of basketball will be taught each group. Coach Dickerson will be the instructor.

Weight Training

Date: July 11th - July 15th
Time: 9:00 A.M. - 11:00 A.M.
The weight room will be open to ages 6, 7, 8, 9, 10, 11. Coach Cuccio will be the instructor.

Football

Date: July 18th - July 22nd
Time: 9:00 A.M. - 11:00 A.M.
The football clinic will be open to ages 6,7,8,9, 10, 11. Fundamentals of football will be taught. (There will be on contact). Coach Cuccio will be the instructor.

High School Recreation

Date: June 13th - July 22nd
Time: 1:00 P.M. - 3:00 P.M.
The following recreational activities will be held: basketball, weight training, tennis, football, track. Coaches Dickerson, Hudson, Cuccio, and Bragg will be in charge of instruction. This recreation program is for girls and boys. Each parent must have their child covered by insurance. The school will not be responsible for any injury that might happen. For further questions, call Coach Bragg, school 352-7146; home 352-8720.

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